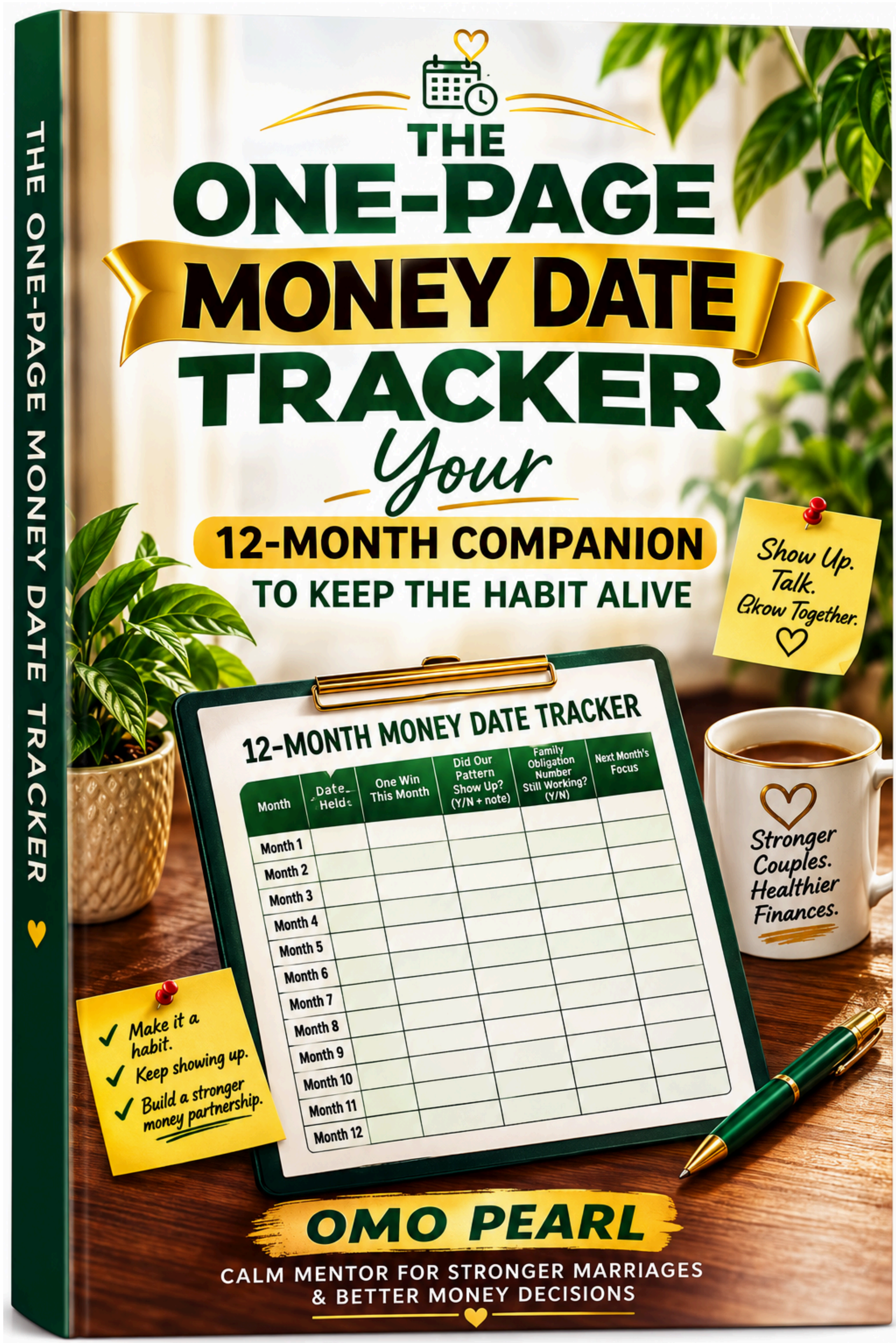
THE ONE-PAGE MONEY DATE TRACKER
THE
ONE-PAGE
MONEY DATE
TRACKER
Your
12-MONTH COMPANION
TO KEEP THE HABIT ALIVE
Show Up.
Talk.
Grow Together.
12-MONTH MONEY DATE TRACKER
Month
Date Held
One Win This Month
Did Our Pattern Show Up? (Y/N + note)
Family Obligation Number Still Working? (Y/N)
Next Month's Focus
Month 1
Month 2
Month 3
Month 4
Month 5
Month 6
Month 7
Month 8
Month 9
Month 10
Month 11
Month 12
Stronger Couples. Healthier Finances.
Make it a habit.
Keep showing up.
Build a stronger money partnership.
OMO PEARL
CALM MENTOR FOR STRONGER MARRIAGES
& BETTER MONEY DECISIONS

THE ONE-PAGE MONEY DATE TRACKER *Your 12-Month Companion to Keep the Habit Alive*

Why This Tracker Matters

Here's something I've noticed after years of watching couples try to change how they handle money together: the plan usually isn't the problem. The follow-through is.

You'll finish this guide feeling ready. Motivated, even. But three months from now, life gets busy, and without something to hold you accountable, the Money Date quietly slips off the calendar, just like that budgeting app did.

This tracker is here to stop that from happening. One page. Twelve months. A few minutes to fill in each time. Pin it on your fridge, save it on your phone, whatever keeps it in front of you. The goal isn't a perfect record. The goal is a habit that's still alive a year from now.

HOW TO FILL THIS IN

After every Money Date, take two minutes together and fill in that month's row. Keep it short, a few words is enough. This isn't about writing an essay. It's about creating a visible trail of progress you can look back on.

YOUR 12-MONTH MONEY DATE TRACKER

Month	Date Held	One Win This Month	Did Our Pattern Show Up? (Y/N + note)	Family Obligation Number Still Working? (Y/N)	Next Month's Focus
Month 1					
Month 2					
Month 3					
Month 4					
Month 5					
Month 6					
Month 7					
Month 8					
Month 9					
Month 10					
Month 11					
Month 12					

HOW TO READ YOUR OWN PROGRESS

Every few months, sit down together and look back over what you've filled in. You're not looking for perfection here. You're looking for a trend.

Ask each other:

- Are our "wins" getting bigger or more frequent over time?
- Is our old pattern showing up less often than it used to?
- Has our Family Obligation Number needed adjusting and did we adjust it together, calmly, instead of letting it become a fight?

If you missed a month, don't skip it in shame, write "missed" and move on to the next one. A missed month isn't proof this failed. It's just information. What matters is that you came back to it.

A SIX-MONTH CHECK-IN QUESTION

At Month 6, before you fill in that row, pause and ask each other this one question together:

"If a friend asked us right now whether this Money Date habit was worth it, what would we honestly tell them?"

Write your answer somewhere in the margin. Six months from now, at Month 12, come back and read it. You'll be surprised how far you've come.

A YEAR FROM NOW

Imagine flipping back through twelve filled-in rows — twelve months of showing up for each other on purpose, twelve small wins, a pattern that shows up less and less, a Family Obligation Number you both trust. That's not a small thing. That's twelve months most couples never get, because nobody ever gave them a reason to keep going.

This tracker is for that reason. Use it.